Article 1: Purpose
The purpose of the Athletes' Commission is to hear, in a democratic manner, the expectations of athletes with regard to competitions, athlete preparation and their future after their sports career (social and professional).
As part of its duties, it also reflects on the enhancement of sports integrity, it makes proposals to this effect.
The health of athletes, in the context of their sport, a major concern of FISav, must also be part of the work of the commission.

Section 2: Composition
It is composed of 12 athletes including:
- 8 athletes who have participated in the World Championships (assaut and/or combat), following elections held between athletes at the championships.
- 4 athletes who have participated in international competitions, invited by the President of FISav to ensure a spirit of representation of males and females of all technical disciplines and geographical membership of FISav.
An athlete is elected for four years. The elections are organized by FISav.
The President of FISav is a member, by right, of this commission. He/she may also ask another member of the CDI to accompany or represent him/her.

Article 3: Operation
The committee meets every year at the World Championships (assaut or combat). Members of the Committee will nominate a chairman and a secretary at each meeting.
The languages used in the commission are English and French.
An account of the meeting will be prepared by the secretary. If necessary, votes may be made. These votes will be decided by a majority of the members present. There is no system of proxy.

Article 4: Relation between the Commission and the CDI
The chairman of the Athletes' Commission liaises with the FISav President of to transmit the account of the meeting and give further details if required.
The report is distributed to all members of the CDI; the FISav President will make an agenda item on the report of the commission.
At the request of the FISav President, a representative of the Athletes' Commission will be invited to the CDI to answer questions from members of the CDI.